

# REDROCK

International

Believing in People

# Adventure Team Building Dragon Boats

*A fearless team is one where each team member has faith in others & a strong sense of responsibility.*

## Improve trust and team synergy

An exhilarating challenge that takes participants through a team experience all the way from the heart of the far orient. The use of dragon boats for racing originated in southern central China more than 2500 years ago. In this activity, Teams learn to navigate Dragon Boats and hit the waves of the river Nile in a unique set of challenges.

## Key facts

Duration 3-4 hours  
Max Participants 32  
Complexity Level 4



## What will you develop?

- Team Trust
- Improved team collaboration
- Stronger relationships

## Contact Our Cairo Team

Delivering to the Middle East & North Africa Region

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## DRAGON BOATS

Starting with a quick crash course in Dragon Boats and Chinese culture. Participants learn the different roles they need to perform, how the boats are navigated and practice their newly acquired skills and knowledge.



The activity is split into a set of challenges. Some require working in sync with your crew to get your boat in the lead while other challenges even require working in synergy with other boats.



In navigating Dragon Boats, there are four main roles that your crew has to perform:

Drummer, Front Stokers, Paddlers and the Steersmen.



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